



## *Food for Thought*

*Tell the students to choose a food that is a symbol for themselves. Let them draw or make the food out of art materials and then write a prayer about it. For example, pizza*

*Jesus, I am like a pizza.*

*I am usually where people are having a good time.*

*You have given me gifts that make others happy,*

*A quick wit like spicy sausage,  
gentleness like soft mushrooms,  
loyalty to friends like sticky cheese,  
and common sense like bread.*

*Thank you for making me the combination that I am.*