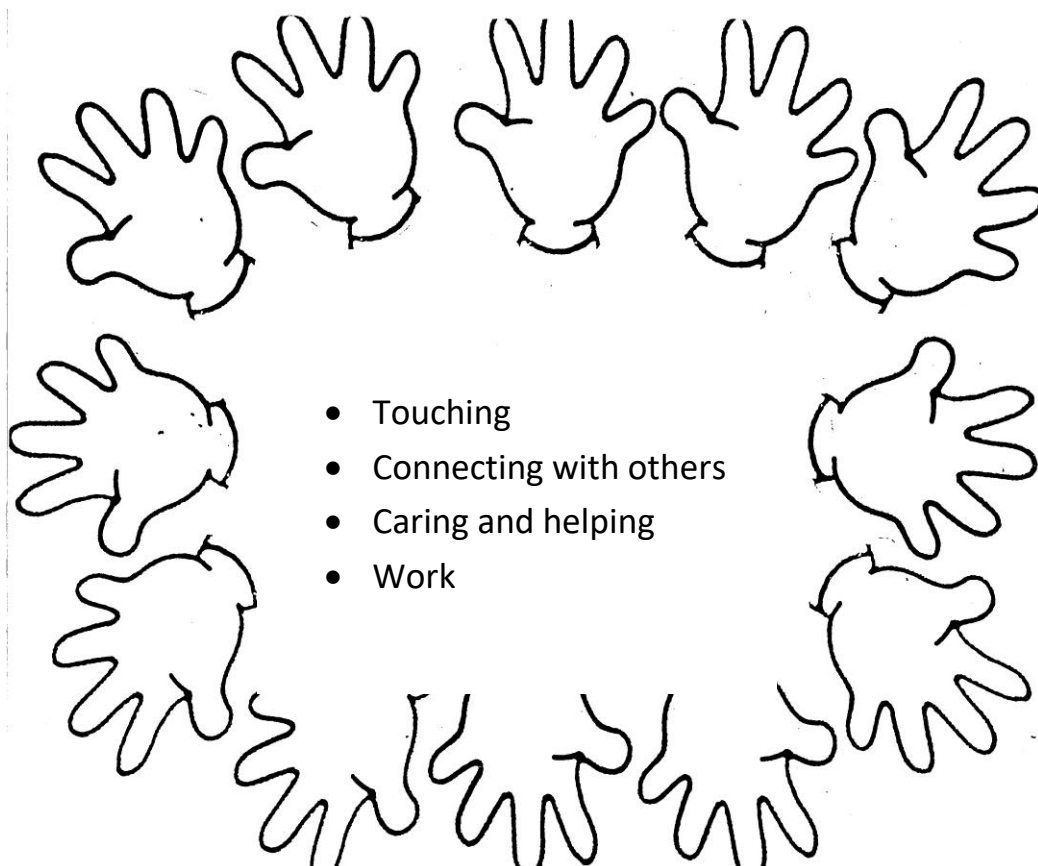


# Hands Prayer



Use a 'drawn round' hand to write five words that show care, mutuality, work: What sums up someone like Mother Teresa's work for others.

What five things could we do to build peace, in our homes, schools, or world?

Pick one of these that you could really work on during the next few weeks, or the season of Advent or Lent.

Now say a silent prayer to God asking for the strength to stick to your resolution for this.