



On the Monday after Ash Wednesday, have a student read from Ezekiel 36:24-28 "I shall give you a new heart and put a new spirit in you; I shall remove the heart of stone from your bodies and give you a heart of flesh instead."

You can also look for other readings from the scriptures mentioning stones or rocks. The woman caught in adultery or Mary Magdalene at the tomb. Find an appropriate hymn that could be used such as "Create a new heart".

During the hymn the students could be given a small rock or stone to carry with them throughout Lent. It can represent many things. Used together to build community, stony hearts that must soften, heavy burdens that others have to carry, a rough stone made smooth through rubbing while praying. Tell the students that they can decorate their stone and /or keep it in their pocket to remind them to pray throughout the day.

Alternatively, the stones could have the name of each member of the class on it. These could all be put in a basket and then the students draw out a name and this is who they will pray for throughout Lent. After Easter at a Resurrection liturgy, they can be presented to the person whose name is on it knowing that they have been prayed for throughout Lent.