

## **Water lilies**

*You will need some card and scissors and one large tray filled with water about 2 cms deep.*

Take one water lily template and draw round it on some card then cut it out. Colour the back with wax crayon. Inside the lily write some special words or a one or two word prayer or the name of someone who needs prayers. Fold up the lily petals and float them on the water in the tray. Play some quiet reflective music. Very, very slowly the lily petals will open, as the paper expands in the water, revealing the special words.

## **Instructions for making a self-opening Lotus Flower**

Create some stars from cardboard or stiff paper. One star is created from dark green cardboard. The *AutoShapes* facility on Microsoft Word enables you to create stars. The first star should be as large as possible when copied onto a piece of A4 paper.

A second, smaller star is created from purple card. It should fit inside the green card with approximately 1cm. Around the outside. Fold the corners of both stars into the centre so that the smaller purple star is hidden within the larger green star. The fold lines can overlap slightly.

When the lotus flower is floated on water, the effect of the water tension will cause the flower to slowly open revealing a purple centre.

